



INME Adventure Camps offer unique and safe learning opportunities to build life skills through fun, exciting, engaging and memorable adventurous experiences in unmatched outdoor locations.

Skandagiri is the latest addition to our campsites. It's been built and designed to be the perfect first step for the young ones embarking on their adventure journeys. It's a 6-day program that helps children st ep out of their comfort zone and develop life skills. All participants will take part in adventure activities under the care of trained outdoor instructors. Participants does all activities (a) Rock Climbing (b) Ropes Course (c) Backpacking (d) Outdoor Survival.









| Code | Age-Group | Departure | Arrival |
|--------|-----------|-----------|---------|
| ↑ SG1 | 9-11 yrs | 23 Mar | 28 Mar |
| SG4 | 9-11 yrs | 14 Apr | 19 Apr |
| SG5 | 9-11 yrs | 19 Apr | 24 Apr |
| SG6 | 9-11 yrs | 24 Apr | 29 Apr |
| it SG7 | 9-11 yrs | 29 Apr | 04 May |
| ↑ SG9 | 9-11 yrs | 26 May | 31 May |
| SG10 | 9-11 yrs | 15 Jun | 20 Jun |
| SG12 | 9-11 yrs | 4 Jul | 10 Jul |

†† Escorted Travel by flight: From Hyderabad (SG7 & SG9), Mumbai (SG1, SG9 & SG10) & Kolkata (SG9) at an additional charge of Rs.1,000

†† Escorted Travel by train: From Chennai (SG7) at no additional charge

Cost:Rs. 39,900



CAMPUS AND AREA

At a height of 3000 feet, our camp is nestled at the foothills of Skandagiri amidst lush green landscapes, hilltops, a lake and close to an ancient temple.



Location: 70 kms from Bengaluru,

TRAVEL

From Bengaluru:

Departure at 10:00 am (report by 9:15 am) from Ganesh Temple Parking, HAL Road, Bengaluru, by luxury AC buses.Travel in an AC bus till Campsite.

Return to Bengaluru:

Arrival: 4:00 pm at Ganesh Temple Parking, HAL Road, Bengaluru.

Outstation participants:

will need to fly into Bangalore on the departure date. Inme provides airport pick up and drop service.

WEATHER

Summer temperatures range between 20°C to 35°C. Afternoons tend to get a little hot. We may experience rain sometimes.



ACCOMMODATION

Our Skandagiri camps have brand-new high-quality tents separate for boys and girls with a capacity of 5-6 children in each tent. Children sleep on camping mats and will be cosy in their sleeping bags.

TOILETS

The camp has built up toilets and baths which are attached to the tents. Toilets have WCs and hand faucets. Baths have running water and fittings and hot water is provided.



SAFETY AND SECURITY

Our children's safety and security is given the highest priority at Inme Learning. We take several steps to ensure the transport (driver and vehicle) is checked thoroughly before departures. All our technical equipment like ropes, carabiners, helmets, harnesses, etc are of the highest approved quality and all the equipment is regularly audited by our certified team.

Our Camp Chief and Instructors are extremely well trained, experienced and certified by us as well as by external agencies like NOLS, NIM, JIM, HMI, etc. on a regular basis. We have a doctor and all the necessary medical equipment available 24x7 on all our camps throughout the duration of the program. We also have an emergency vehicle on hand for quick response time in case of any unforeseen emergencies. These are all precautionary measures that we follow. However, we have had an excellent track record on safety and security of more than 100,000 children over the last 26 years.

INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio. Instructors include a mix of female and male instructors. A resident doctor is available at all times on the campus.



FOOD

The camp has a fully functional kitchen. Wholesome fresh nourishing meals are prepared by trained staff. The food is largely vegetarian with non-veg served 2-3 times on the program. Other than breakfast, lunch and dinner, snacks and refreshments are served at appropriate times with emphasis on hydration.

FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.

TYPICAL DAY ON THE PROGRAM

6:00 am Wake Up: Enjoy a hot cup of milk/tea/coffee with biscuits.

7:00 am Elastic Limbs: Power up for the day!

8:00 am Breakfast: Enjoy delicious breakfast to gain energy.

9:00 am Wonderful Outdoor World (WOW)

Participants take part in their outdoor activities.

1:00 pm Lunch: Nutritious and much needed lunch awaits the adventurers

once they return to the campus after their outdoor experience.

1:30 pm Free Wheeling Time to freshen up and relax.

2:30 pm Cool Time

Participants engage in different activities focussed on action, awareness and attitude. A mix of fun and learning activities takes the expe-

rience beyond outdoors and adventure.

5:00 pm Tea Time: Milk, tea and snacks up the energy levels.

5:30 pm Cool Time

Continue with cool time with a change of activities. This time may also be used for activity de-brief, group sharing sessions and

personal reflection.

7:30 pm Soup Time

8:00 pm Dinner: The much-awaited dinner caps off a power packed day for all.

9:00 pm Lights off

Get into your sleeping bags as the day's weariness starts to kick in. Slip into a golden-slumber and wake up fresh for another exciting

adventurous day.



Follow this list strictly - Over or under-packing is not recommended as it will impact the comfort, safety and overall program experience.

BASIC CLOTHING

- 6 T-Shirts (2 full sleeves)
- 2 Pairs Shorts
- 2 Sweat Shirt Full sleeves and warm
- 3 Track Pants (1 warm)
- 6 Pairs Socks (1 pair warm)
- 1 Towel Quick Dry
- 1 Cap / Sun Shade
- Undergarments sufficient
- 2 Face masks (disposable)



PACKING

- Limit to one piece of luggage.
- You are expected to carry your own bag during transfers.
- Pack everything in a rucksack or duffle bag with straps (No wheels)
- Do not pack in a suitcase or stroller.



FOOTWEAR

- 1 pair Comfortable rubber soled shoes in good condition. Must be worn in, not new.
- 1 pair floaters Strapped footwear usable in wet condition. <u>Not Crocs</u>, <u>Flip-Flops or leather sandals</u>.



WARM / WOOLLEN / WATER RESISTANT ITEMS

- 1 Fleece jacket regular one used in winter
- 1 Waterproof jacket
- 1 warm cap



SLEEPING BAG

- Though we provide sleeping bags to all, please note these are store issued and used by previous participants.
- We clean and sun them but you may prefer to carry your own sleeping bag. In case you wish to carry your own sleeping bag, we recommend one that is rated suitable for temperatures of 10°C. (Quechua – Forclaz is an option).
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- If you want to use our sleeping bags, we recommend you carry a polyester sleeping bag liner.



OTHERITEMS

- Personal Toiletries Must include hand sanitizer, soap/shower gel, sun screen, lip balm, cold cream & mosquito repellent.
- A pair of sunglasses should cover the eyes completely.
- A torch or headlamp (bring spare batteries)
- Medicines, if you are under treatment (provide details with medicine name in the medical form).
- Extra pair of spectacles in case you use them (contact lenses not recommended).
- Water bottle at least 1 litre capacity. Avoid thermoses with glass inners
- Small Knapsack/ Day pack to carry your personal items with you.



LIMITED MONEY, IF YOU WISH

- Inme takes care of all needs from the time we take charge of the participants, so no money is needed for meals, incidentals or kit items.
- We do have a store on the campus and participants may like to buy memorabilia like T-shirts, caps, keychains etc.
 However, do not carry more than Rs 2500.
- Do note that participants are responsible for the same unless it is handed to the Instructor/Course Leader to be deposited in the campus safe.

INME YOUREKA MERCH STORE

- Shop for Inme Youreka T-shirts and Hoodies from the merch store.
 New designs and classics available!
- To buy go to: www.inmeyourekamerch.com
- Avail 10% discount on the merch by using coupon code muchmuchmore

NO JEWELLERY / EXPENSIVE CLOTHES / GADGETS

 Do note that on outdoor and campus based programs there are many opportunities to lose and damage things. Inme does not take responsibility of any item like jewellery, gadgets or expensive clothes.



 Participants may carry a camera that they can take care of themselves.

Please understand that we do not want you to purchase things unnecessarily. However, for an outbound program, some of these items are essential. You can get all of the above mentioned things in stores like Decathlon and other online sellers. Most items should last and serve you a longer time in the outdoors!

